



MOE Visit to Ridgeview Elementary, Yakima

Observing State and Nationally Recognized
School-Wide Behavior Systems



Ridgeview Elementary

Located in the Yakima School District

650 K-5 students 80% Hispanic, 15% Caucasian

36% EL students

87% FRL

71 suspensions for 2018-2019 school year, a decrease from previous years

Calm Room - What is it?

Staffed by 2 counselors in a full-sized classroom - shared office space

Part of the school-wide PBIS systems of support

Available for Tier 1, Tier 2, and Tier 3 Behavior supports

Place for classes to visit for all-class lessons, for small group counseling to occur, and for individual counseling and small breaks within a school day

Stocked with bean bag chairs, calm videos/music played on screen, dimmed lighting, coloring sheets, games, timers, yoga mats, indoor toys for recesses

Tier I - All students

Each class visits the Calm Room for 1 counselor-led lesson per month. First lesson is how to access the calm room. Done T/W/Th

Classroom teachers do SEL lessons within their classrooms between the counselor-led sessions

Students may earn positive tickets as part of PBIS system and may cash them in to earn recess time in the Calm Room

Tier II - some students needing additional supports - 5-10%

Check and Connect done with counselors in this room

Meaningful jobs organized here for mentor/mentee students

Available as a recess option

Place where any student may access for a “brain break” or reset time

Small groups run by counselors M/F

Tier III - a few students needing additional supports beyond Tiers I and II - 5%

1:1 counseling sessions

Behavior intervention plans developed by a team of teachers and school staff

Referral forms used by teacher/students

Re-entry for student: teacher comes to Calm Room for the conversation or staff sits in classroom with other students while teacher has the re-entry conversation with student in hallway

Consequences used by admin at school

- Restorative conversations with and between students and teachers
- Timers
- Go for a walk in the hallway
- Provide a snack before discussing behavior
- Listen to calming music/watching calming video
- Spend time outside in addition to recess
- Play a math game or other game while talking about behavior choices
- Work time in the Calm Room
- Communication home to families

Pieces put into place to make it successful

A piece of a school-wide PBIS system

Staffed by trained professionals (counselors) within the building

3.5 - 4 years of Trauma-Informed professional development training for all staff

3-4 Trauma-Informed trainings throughout the school year

Referral forms from teacher/self-referral from student with a system in place to limit amount of time out of class

SEL Lessons taught regularly by classroom teachers and from counselors through adopted SEL curriculum

What it is not

- Place for students to be excluded from class for extended periods of time
- The only resource for social emotional learning lessons
- The only intervention used for students
- A cure for all challenging behaviors