

Student Screener MOE

Please read the following sentences and mark how often they relate to you.

I argue with others. *

Never
Sometimes
Often
Almost Always

I get along with my peers. *

Never
Sometimes
Often
Almost Always

I lose my temper. *

Never
Sometimes
Often
Almost Always

I disrupt class. *

Never
Sometimes
Often
Almost Always

I am respectful. *

Never
Sometimes
Often
Almost Always

Other people like me. *

Never
Sometimes
Often
Almost Always

Social Behavior.

I have trouble waiting my turn. *

Never
Sometimes
Often
Almost Always

Academic Behavior

I like school. *

Never
Sometimes
Often
Almost Always

I am ready for class. *

Never
Sometimes
Often
Almost Always

I get good grades. *

Never
Sometimes
Often
Almost Always

I have trouble working alone. *

Never
Sometimes
Often
Almost Always

It's hard to pay attention in class. *

Never
Sometimes
Often
Almost Always

I participate in class. *

Never
Sometimes
Often
Almost Always

Emotional Behavior

I feel sad. *

Never
Sometimes
Often
Almost Always

I feel nervous. *

Never
Sometimes
Often
Almost Always

I like to try new things. *

Never
Sometimes
Often
Almost Always

I am happy. *

Never
Sometimes
Often
Almost Always

I am worried. *

Never
Sometimes
Often
Almost Always

When something bad happens, I ask someone I trust for help. *

Never
Sometimes
Often
Almost Always



Panorama Social-Emotional Learning: Student Competency & Well-Being Measures

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

Goals and Challenges

In this section, we would like for you to think about your overall learning experiences at school and in life.

1. How often do you stay focused on the same goal for more than 3 months at a time?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

2. If you fail at an important goal, how likely are you to try again?

- Not at all likely
 Slightly likely
 Somewhat likely
 Quite likely
 Extremely likely

3. When you are working on a project that matters a lot to you, how focused can you stay when there are lots of distractions?

- Not at all focused
 Slightly focused
 Somewhat focused
 Quite focused
 Extremely focused

4. If you have a problem while working towards an important goal, how well can you keep working?

- Not well at all
 Slightly well
 Somewhat well
 Quite well
 Extremely well

5. What is the biggest challenge you have faced in your life?

6. What accomplishments are you most proud of?

7. What is one thing you wish your teacher knew about you?

Your Class

Please tell us about how you feel about your current class.

8. How sure are you that you can complete all the work that is assigned in your class?

- Not at all sure
 Slightly sure
 Somewhat sure
 Quite sure
 Extremely sure



9. When complicated ideas are discussed in class, how sure are you that you can understand them?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

10. How sure are you that you can learn all the topics taught in your class?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

11. How sure are you that you can do the hardest work that is assigned in your class?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

12. How sure are you that you will remember what you learned in your current class, next year?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

Performance in School

Whether a person does well or poorly in school may depend on a lot of different things. You may feel that some of these things are easier for you to change than others. **In school, how possible is it for you to change:**

13. Being talented

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

14. Giving a lot of effort

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

15. Behaving well in class

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

16. Liking the subjects you are studying

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

17. How easily you give up

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change



18. Your level of intelligence

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

Feelings in General

In this section, we are hoping to learn how you experience different emotions that may occur in your life (whether inside or outside of school).

19. How often are you able to pull yourself out of a bad mood?

Almost never

Once in a while

Sometimes

Frequently

Almost always

20. When everybody around you gets angry, how relaxed can you stay?

Not relaxed at all

Slightly relaxed

Somewhat relaxed

Quite relaxed

Extremely relaxed

21. How often are you able to control your emotions when you need to?

Almost never

Once in a while

Sometimes

Frequently

Almost always

22. Once you get upset, how often can you get yourself to relax?

Almost never

Once in a while

Sometimes

Frequently

Almost always

23. When things go wrong for you, how calm are you able to stay?

Not calm at all

Slightly calm

Somewhat calm

Quite calm

Extremely calm

Grades 9-12: Parent & Student Counseling Survey

Our Middle & High school counseling team would like to better support the students and families in our valley. We hope that you take a few minutes to fill out our survey of the various areas we can provide you with weekly or bi-weekly information.

Student Grade Level (if parent/guardian- choose all applicable grade levels) *

6th 7th 8th 9th 10th 11th 12th Other:

Students: Are you connected to the Counseling Corner Google Classroom? Parent/Guardians: is your student connected? *

Yes No I don't know

Students: If you are not connected to the Counseling Corner Google Classroom, the access code is yp4zaru

In regards to social emotional needs, I have someone I can talk to when I need to or I know how to contact the school counselor if I need to *

Yes /No

I would like to see information in the following areas to better support myself (or my student) during this challenging time. If you have another areas of interest, please submit those via the "other" category.

Time management/planning/organizing

Study Skills

Digital Citizenship (using technology responsibly)

Transition to the next grade level for 2020/2021 school year

Transitioning to high school (8th to 9th grade)

Creativity in online learning

Positive self-talk & gratitude

Self- Care

Safe & fun activities during social distancing (for students & families)

Teen stress & anxiety

Depression

Community Supports/Resources (for families)

Crisis supports (both locally and online)

Caregiver stress & supports

Other:

Do you know someone who as tested positive for the novel COVID-19 virus?

Yes, I know of a family member or friend that has tested positive

Yes, I know someone in the community that has tested positive

No, I do not know anyone who has tested positive

With school starting online this fall, I feel

Anxious

Excited

Sad

Unsure

None of the above

Other:

If needed, how would you prefer to connect with the school counselor?

Email

Phone call during office hours

Google Classroom (students)

Zoom meeting during office hours