

## **SELF-ADMINISTRATION OF ASTHMA AND ANAPHYLAXIS MEDICATIONS**

Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment.

It is the policy of the board that students with asthma or anaphylaxis are afforded the opportunity to self-administer prescribed medications. The student's parents /guardians will submit a written request and other documentation required by the district. The student's prescribing health care provider must provide a written treatment plan.

The student must demonstrate to the school's registered nurse that the student is competent to possess and self-administer prescribed medications during school and at school sponsored events.

The superintendent or designee will establish procedures that implement this policy and follow emergency rescue procedures outlined in the most recent edition of *AMES: Asthma Management in Educational Settings*, in cases of suspected asthma and the emergency rescue procedures outlined in the Office of the Superintendent of Public Instruction's *Guidelines for the Care of Students with Anaphylaxis (2009)* in cases of suspected anaphylaxis.

Cross References:           3420 - Anaphylaxis Prevention and Response  
                                  3416 - Medication at School  
                                  2162 - Education of Students With Disabilities Under Section 504 of  
                                  the Rehabilitation Act of 1973  
                                  2161 - Special Education and Related Services for Eligible Students

Legal References:           42 U.S.C. 280 Public Health Service Act  
                                  42 U.S.C. 12212 Section 512 Americans with Disabilities Act of 1990  
                                  34 CFR Part 104 Section 504 of Rehabilitation Act of 1973  
                                  RCW 28A.210.370 Students with Asthma  
                                  RCW 28A.210.310 Anaphylaxis-Policy guidelines-Procedures-  
                                  Reports

Management Resources: OSPI, March 2009, Guidelines for the Care of Students with  
Anaphylaxis  
2012 - August Issue  
2009 - February Issue

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