

Catheterization

The State Department of Health has established the following rules:

1. The student's medical file shall contain a written request from the parent(s) or guardian for the clean, intermittent catheterization of the student;
2. The student's medical file shall contain written permission from the parent(s) or guardian for the performance of the clean, intermittent catheterization procedure by the non licensed school employee;
3. The student's medical file shall contain a current written order for clean, intermittent catheterization from the student's physician and shall include written instruction for the procedure. The order shall be reviewed and/or revised each school year;
4. The service shall be offered to all disabled students and may be offered to the non-disabled students, at the discretion of the school board;
5. A licensed registered nurse shall develop instructions specific for the needs of the student. These shall be made available to the non-licensed school employee and shall be updated each school year;
6. The supervision of the self-catheterizing student shall be based on the needs of the student and the skill of the non-licensed school employee; and
7. A licensed registered nurse, designated by the school board, shall be responsible for the training of the non-licensed school employees who are assigned to perform clean, intermittent catheterization of the students;
8. The training of the non-licensed school employee shall include but not be limited to:
 - a. An initial inservice training, of a length to be determined by the licensed registered nurse;
 - b. An update of the instructions and a review of the procedure each school year;
 - c. Anatomy, physiology and pathophysiology of the urinary system including common anomalies for the age group served by the employee;
 - d. Techniques common to the urinary catheterization procedure;
 - e. Identification and care of the required equipment;
 - f. Common signs and symptoms of infection and recommended procedures to prevent the development of infections;
 - g. Identification of the psychosocial needs of the parent/guardian and the students with emphasis on the needs for privacy and confidentiality;
 - h. Documentation requirements;
 - i. Communication skills including the requirements for reporting to the registered nurse or the physician;
 - j. Medications commonly prescribed for the clean, intermittent catheterization patient and their side effects;
 - k. Contraindications for clean, intermittent catheterization and the procedure to be followed if the non-licensed school employee is unable to catheterize the student;
 - l. Training in catheterization specific to the student's needs;

- m. Developmental growth patterns of the age group served by the employee;
- n. Utilization of a teaching model to demonstrate catheterization techniques with return demonstration performed by the non-licensed school employee, if a model is available;
and
- o. The training of the non-licensed school employee shall be documented in the employee's permanent file.