Co-curricular Activities—Desired Student Outcomes

A co-curricular activity should be planned to contribute to the total growth of the participant. Each activity director and/or coach and/or club advisor is expected to develop and implement his/her activity program in a manner that will contribute to the participant's intellectual, physical, social, and emotional development.

Desired student outcomes which may serve as a focus for a program are:

Intellectual

- 1. Knowledge of how to care for one's body;
- 2. Ability to set realistic goals;
- 3. Understanding of the strategies employed to achieve success in the activity;
- 4. Ability to develop the proper mental attitude prior to entering a competitive situation;
- 5. Develop qualities of leadership and membership in an organization;
- 6. Develop skills to make decisions;
- 7. Opportunity to practice both individual and group goal setting;
- 8. Learn to objectively evaluate both process and product; and
- 9. Understand and apply good principles of time management, budget planning, team building, problem-solving, and program planning.

Physical and Social

- 1. Ability to perform the individual skills which contribute to success in the activity;
- 2. Maintenance of physical condition (strength and endurance);
- 3. Ability to work with other students;
- 4. Learn to work with individual and diverse personalities within a group;
- 5. Learn to take pride in the goals of an organization;
- 6. Develop a sense of organization and develop the skills necessary for successful group process; and
- 7. Gain an appreciation for differences and an awareness of community diversity.

Emotional

- 1. Appreciation of good performance and a desire to achieve it;
- 2. Willingness to "lose self" within the larger framework of the team;
- 3. Acceptance of responsibilities as a team member and representative of the school; and
- 4. Acceptance of victory or defeat with poise; and
- 5. Gain self-confidence;
- 6. Develop pride in individual and/or group accomplishments;
- 7. Develop positive attitudes; and
- 8. Develop self-respect.

Roles and responsibilities for accomplishing the stated outcomes are:

Principal, Activity Coordinator, and Designated Staff

- 1. Exhibit interest, enthusiasm and support for student activities and the manner in which students participate;
- 2. Monitor the conduct of students at events;
- 3. Set expectations for student spectator conduct at contests;
- 4. Give recognition to students for their conduct;
- 5. Create enthusiasm for sportsmanship;
- 6. Work with the Booster Club:
- 7. Greet the opposing team when they come to your school;
- 8. Encourage staff to talk about sportsmanship during homeroom; and
- 9. Sponsor a program to encourage sportsmanship.

Co-Curricular Staff

- 1. Set a good example for others to follow;
- 2. Allow the participants to make as many decisions as possible;
- 3. Encourage broad participation;
- 4. Accept the official's decision without protest;
- 5. Enlist the support of the pep staff in maintaining positive crowd control;
- 6. Exhibit a spirit of friendliness to the opposing team and coach;
- 7. Use pep assemblies as an opportunity to reflect your value of good sportsmanship;
- 8. Educate the Booster Clubs with regard to contest and league rules;
- 9. Make certain your players understand the rules of the contest;
- 10. Acknowledge the team members, pep staff, and student body for demonstration of positive conduct at student activities;
- 11. Assist in the supervision of crowds;
- 12. Supervise and give guidance for planning and implementing activities;
- 13. Provide adequate control and supervision for all activities of the co-curricular group;
- 14. Supervise the preparation and expenditures of funds designated for the group;
- 15. Keep the faculty and administration appropriately informed of activities;
- 16. Lead students to understand the support school policies regarding co-curricular activities;
- 17. Support and encourage high personal standards of scholarship, sportsmanship, and character of all participants;
- 18. Coordinate the long-range planning and organization for the co-curricular activities;
- 19. Act as a liaison between the students in the co-curricular program and the Activity Coordinator and/or school administrator in charge of activities; and

20. Support the encourage recognition for participation and outstanding achievement in the co-curricular program.

Date: 8/08/05