What to do if a Person is Symptomatic

These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

If a person has one or more of these symptoms:

- Fever (≥100.4°F) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)

They should isolate at home AND get tested for COVID-19

If they do not receive an alternative named diagnosis from a health care provider OR do not get tested

They test POSITIVE for COVID-19

They test NEGATIVE for COVID-19 OR receive an alternative named diagnosis from a health care provider plus a negative test

Isolate at home

They can return to school, child care, and activities after five days have passed since symptoms first appeared if:

1. No fever within the past 24 hours (without medication) AND
2. Symptoms have significantly improved AND
3. Wear a mask around others days 6–10 OR test negative with an antigen test to return without a mask

If they cannot wear a mask and do not test negative after day five, they must continue isolating through day 10.

If a person has only ONE symptom present?

Was only ONE symptom present?

Did the symptom resolve within 24 hours OR are they consistent with a diagnosed chronic illness?

Yes

Return to school, child care, and activities if:

1. No fever within the past 24 hours (without medication) AND
2. Symptoms have significantly improved