



Draw the Line/Respect the Line

Program Components

- Three-year program for students in grades 5, 6, and 7 designed to encourage youth to delay having sexual intercourse to reduce the incidence of STDs/HIV and pregnancy
- 19 lessons, each is intended to be implemented during a 45-60 minute timeframe
- Program is delivered through structured activities, group discussions, viewing of DVDs, and role-plays

Intended Participants

- 5th, 6th and 7th graders

Evaluation Findings

- Decrease in sexual partners
- Increase knowledge in HIV
- Increase condom use

Curriculum	Objectives
<p>5th Grade Curriculum:</p> <ul style="list-style-type: none"> Includes 5 lessons that primarily focus on setting limits and refusal skills in non-sexual situations. Homework activities encourage parent-child discussion of cultural and family values and pressure situations for young people 	<ul style="list-style-type: none"> Complete an individual activity to personalize the concept of drawing the line Brainstorm strategies and analyze roleplays to identify ways to tell someone where they draw the line Review and practice the Steps for Drawing the Line by roleplaying in pairs Learn a new skill as a way to stick with their limits and still keep their friends The concept of respecting the line is introduced using roleplays
<p>6th Grade Curriculum:</p> <ul style="list-style-type: none"> Includes seven lessons that shift the focus to sexual situations; students learn about the consequences associated with sexual intercourse and are encouraged to set limits regarding sex Students are also taught intrapersonal and interpersonal skills to help them maintain limits and respect the limits of others Homework activities encourage parent-child discussion of intentions to avoid having sex and getting out of risky situations 	<ul style="list-style-type: none"> Discuss pressure situations and what can make it difficult to draw the line Learn the consequences of having or not having sex Identify situations that could lead to sex and warning signs to watch for, then look at ways to get out of these situations Review and practice the Steps for Drawing the Line using roleplays Learn the common symptoms of STDs and what to do to prevent them Participate in a talk show and roleplays to provide advice to other teens on how to draw the line in sexual pressure situations Apply the skills of avoiding risky situations, drawing the line and respecting someone else's line
<p>7th Grade Curriculum:</p> <ul style="list-style-type: none"> Includes seven lessons that develop students' practical skills Students learn how to use condoms and practice refusal skills in dating contexts Homework activities encourage parent-child discussion of HIV and impact on those who are affected by HIV 	<ul style="list-style-type: none"> Discuss how they will draw the line to reduce their risk for HIV, other STDs and unplanned pregnancy Participate in a game designed to review and present information about how to prevent HIV and other STDs Examine difficult moments, emotions, situations or thoughts that can make it hard to stick with their limits Review and use roleplays to practice ways to stick with their limits Examine how their feeling and attitudes have changed after a guest speaker shares his or her experiences living with HIV or AIDS Discuss which methods of protection are effective for preventing HIV, STDs and pregnancy, the teacher demonstrates the proper use of condoms and reviews important facts about condoms Identify an image that can help them stick to their limit when they are tempted to cross the line