

Accommodating Students With Diabetes

Board Responsibility

Reardan-Edwall School District Board of Directors will designate a professional person licensed as a registered nurse (R.N.), A.R.N.P., M.D., D.O., or a nationally certified diabetes educator to provide in-service training for school staff on symptoms, treatment, and monitoring of diabetes. Due to the changing nature of diabetes management, it is advised that the licensed professionals be competent in current diabetes management techniques.

Parent-Designated Adult Responsibility

Parent-designated adults who are school employees are required to receive the training in symptoms, treatment, and monitoring of diabetes provided by the school district.

Parent-designated adults who are not school employees must show evidence of training in symptoms, treatment, and monitoring of diabetes that is comparable to what the school district provides. It is recommended that parent-designated adults who are not school district employees participate in the school district training for school personnel directly involved with student(s) with diabetes.

All parent-designated adults must receive additional training from a healthcare professional or expert in diabetes care, selected by the parent, for the additional care the parents have authorized the parent-designated adult to provide, which is included in the Individualized Healthcare Plan (IHP).

All parent-designated adults must document diabetes care including medications, treatments, and observations that they provide to students.

Appendix I of these *Guidelines for Care of Student with Diabetes (2005)* have been revised to reflect that a parent-designated adult may be a paid school staff member.

Training Guidelines

Training in symptoms, treatment, and monitoring of diabetes and related standards and skills are to be guided by the most recent edition of the *Guidelines for Care of Students with Diabetes*. The use of these Guidelines is not intended to replace clinical judgment or individualized consultation with medical care providers. Refer to attached chart on how to use the guidelines for training, and for detailed topics to be include in both brief and intensive training curricula.

Training Levels

General training in symptoms, treatment, and monitoring of diabetes is designed for school personnel indirectly involved with student(s) with diabetes. School personnel that may be include are office staff, athletic personnel/coaches, bus drivers, custodians, cooks, teaching staff, paraprofessionals, and others. The general staff training may be provided by school district's registered nurse or an expert in diabetes (Certified Diabetes Educator (CDE)) as selected by the district.

Intensive training in symptoms, treatment, and monitoring of diabetes is designed for school personnel directly involved with the student(s) with diabetes. This training may include teacher(s), coaches, a parent-designated adult who is or is not a school employee, and other who are appropriate for the training. The IHP/504 directs both the content to be included and the personnel. The intensive training is provided by the school nurse. The school nurse may be assisted by an expert in diabetes (CDE).

Frequency

The optimal training time is prior to the first day of school each school year.

Additional training of select personnel may need to occur during the school year if:

1. A new student transfers into the school district.
2. An enrolled student is newly diagnosed.
3. The student’s treatment changes.

Guidelines for Care of Students with Diabetes Recommended Standards and Skills

This table will service as a quick guide to the *Guidelines for Care of Students with Diabetes*. The content necessary to include in the training of symptoms, treatment, and manage of diabetes for both the brief in-service for all school personnel and the comprehensive training is included. This table refers to the Guidelines dated August 2004. Comprehensive training will be individualized according to the Individual Health Plan that is developed by the school nurse with the parent and the student.

Guidelines for Care of Students with Diabetes

Topic as found in Guidelines table of contents	General Page in Guideline	Intensive: Teacher/Parent- Designated Adult (page in Guideline)
Overview of rationale for Individualized Health Plan	6-7	App. B
Detailed process for completing the IHP with samples	6-7	App. B
Overview of diabetes	8	8
Insulin action, delivery and storage specific to child		9-11
Blood sugar testing rationale and brief process	12	12
Diabetes supplies		13, App. 0
Low blood sugar	14, 22	1, 22, App. P
High blood sugar, illness, ketones	15, 23	15, 23, App. Q

Guidelines for Care of Students with Diabetes - continued		
Overview of nutrition/meal planning/snacks/ and balancing with insulin and activity	16-19	16-19, App. R, App. S
Specific meal plan for child while at school		17
Exercise and sports	20	20
Personnel guidelines for care		21-25
Suggested accommodations-the law	26-27	26-27
Health care provider orders		App. K
Parent-designated adult	App. I	App. I, V
Questions and concerns raised by parents	28-31	28-31
Disaster preparedness		App. O