

Cle Elum-Roslyn School District

Certification of Dissemination of Concussion and Sudden Cardiac Arrest Information

Youth Sport Activities

State of Washington law requires all youth athletic activities using school facilities to provide information about concussion, head injuries and sudden cardiac arrest to coaches and parents of participants.

The Lystedt Law passed in 2009 requires coaches (or volunteer leaders of youth athletic activities) to know and understand the dangers of sport-related head injuries and to take immediate action to remove participants from practice or competition when any suspected head injury occurs. Participants suspected of sustaining a concussion injury may not return to practice or play until examined by and cleared by a licensed health care provider trained in the evaluation and management of concussions.

State ESSB 5083.2013, requires coaches and volunteer leaders of youth athletic activities to share information about sudden cardia arrest with participants and parent/guardians.

Please share the attached information with your parents and especially your volunteers and coaches who supervise your activities. You may wish to have parent sign and return to your organization a form indicating their understanding of concussion injuries and their understanding of sudden cardiac arrest as required by state law.

Please sign below certifying to the school district that this information has been disseminated to parent of youth participants and that your coaches or activity supervisor know their responsibility under the Lystedt Law and their responsibi8lty under ESSB 5083.2013.

Thank you.

\_\_\_\_\_  
Group or Organization

\_\_\_\_\_  
Facility Being Used

\_\_\_\_\_  
Cetified by – Name and Position

\_\_\_\_\_  
Date