



NUTRITION

The board recognizes that a healthy school environment prepares students for college, careers, and successful futures. Students who eat well-balanced meals are more likely to learn in the classroom. The board supports the district's increased emphasis on nutrition at all grade levels to enhance the well-being of the district's students. Therefore, it is the policy of the board to provide students with access to nutritious food as stated in this policy and procedure.

Nutrition and Food Services Program

The board supports the philosophy of the National School Lunch and Breakfast programs, as well as any other federally-funded food service programs administered by the district and will provide wholesome and nutritious meals for children in the district's schools. The board authorizes the superintendent or designee to administer the food services program, provided that any decision to enter into a contract with a food service management company will require the approval of the board. Every effort will be made to ensure that expenditures for food supplies will not exceed the estimated revenues.

The superintendent or designee is responsible for:

- Annually distributing meal applications and determining eligibility for school meals;
- Protecting the identity of students eligible for free and reduced-price meals;
- Ensuring meals meet USDA meal pattern requirements;
- Ensuring meal periods are in compliance with USDA regulations;
- Establishing a Food Safety Plan;
- Determining meal prices and submitting them to the board for approval annually;
- Using the full entitlement of USDA Foods;
- Maintaining a nonprofit school food service account;
- Ensuring all revenues are used solely for the school meal program;
- Establishing a meal charge policy if not serving meals at no cost to students;
- Accommodating children with special dietary needs;
- Ensuring compliance with USDA nondiscrimination policies;
- Following proper procurement procedures; and
- Ensuring compliance with the Smart Snacks in School nutrition standards.

Federal Programs

Participation in various federal programs related to nutrition, including the National School Lunch Program, the School Breakfast Program, and the United States Department of Agriculture (USDA Smart Snacks in School nutrition standards, require a wellness policy. The district will address and follow its comprehensive wellness policy in accordance with 6702 – Wellness.



7 CFR, Parts 210 - National School Lunch Program and 220
– School Breakfast Program

7 CFR, Part 245.5 Public announcement of the eligibility
criteria

Management Resources:

2023 – July Issue

2022 – June Issue

2020 – February Issue

2018 – May Issue

2017 – July Issue

2017 – April Issue

2015 - June Issue

2014 - February Issue

Policy News, February 2005 Nutrition and Physical Fitness
Policy

Policy News, December 2004 Nutrition and Physical Fitness
Update

OSPI Child Nutrition School Wellness Policy Best Practices
for Policy Development, Implementation and Evaluation

Adoption Date: May 23, 2005

Revision Date: March 24, 2015; October 24, 2017; March 10, 2020; October 25, 2022;
October 10, 2023; May 14, 2024

Quincy School District